

QUESTIONS TO ASK YOUR HEALTH CARE INSURANCE PROVIDER...

The following questions are helpful to ask your health care insurance company prior to accessing services. You may find it helpful to print this form and have it in front of you when you call your insurance company. **Please bring this information and your health care insurance card to your first appointment.**

Does my health care insurance plan provide a mental health benefit?

If yes,

Is pre-authorization of services required? _____

Is a referral needed? _____

What is my calendar year maximum benefit? _____

How much of my calendar year benefit is available now? _____

What is my lifetime maximum benefit? _____

What is my deductible amount? _____

How much of that deductible has been met to date? _____

Does my insurance plan only cover specific provider qualifications?

If yes, what are the provider qualifications: _____

Does my insurance plan only cover certain types of services?

If yes, what are those services: _____