



Compass Health, Northwest Washington’s behavioral healthcare leader, integrates behavioral health and medical care services to support clients and communities when and where they need us. Building on a century of experience, our team of highly skilled professionals is forging new, nationally recognized models of care. We address complex healthcare needs in partnership with first responders and other community organizations.

History

Established as the Parkland Lutheran Children’s Home in 1901, Compass Health has built on a century of experience to deliver behavioral healthcare services to more than 20,000 adults and children per year, across Snohomish, Skagit, Island, San Juan, and Whatcom counties.

Chief Executive Team

- Tom Sebastian**, President and Chief Executive Officer
- Stacey Alles**, Chief Operating Officer
- Tamera Loesch**, Chief Financial Officer
- Becky Olson-Hernandez**, Chief Quality Officer
- LaJolla Peters**, Chief Human Resources Officer
- Tom Kozaczynski**, Chief Development and Communications Officer
- Camis Milam**, Chief Medical Officer

Service Area

Snohomish County	Skagit County	Island County	Whatcom County
Edmonds Everett (5) Lynnwood Marysville Monroe Mukilteo Smokey Point Snohomish	Mount Vernon (3)	Coupeville Oak Harbor	Bellingham (3)
		San Juan County	
		Lopez Island Orcas Island San Juan Island	

Services

Outpatient	Intensive Outpatient	Crisis Services	Residential Services
Adult Case management Children and Family Child Advocacy Program	Children’s Intensive (WISE) IOP PACT	Crisis Prevention & Intervention Team (CPIT) Triage (facilities) Voluntary and Involuntary	3 x 16-bed units
Peer Counseling	Housing Services		Freestanding Evaluation & Treatment Center
Camp Mariposa	Foster Parent Licensing	Homeless Outreach	Healthcare Integration Hospital Transitions Health Homes

Some services require specialized referrals, pre-screening, or are only available to specific populations

SNAPSHOT

- 501(c)(3) non-profit community behavioral health agency
- 20+ locations across 5 counties
- 20,000+ clients served annually; 75% adult, 25% child/youth
- 750+ employees
- \$67M annual operating budget

2016 KEY STATISTICS

Compass Health provided:

- Outpatient counseling to **8,900 adults** and **4,589 youth** with ongoing mental illness
- Emergency triage services to **4,251 adults** and **618 youth** having a behavioral health crisis
- New housing and support for **79 adults** who would otherwise be homeless, in jail, or in an emergency room



Integrating Healthcare

Integrated Healthcare Overview

Integrated care is an innovative delivery model that brings together behavioral health specialists and traditional medical providers to assess and collaborate directly to treat the whole person, while also reducing costs and improving health outcomes.

Improved Patient Outcomes

When behavioral health and primary care providers work together, they do an even better job of assessing and treating a person's full range of medical conditions. Many traditional medical settings do not have the training, staff, time, and other resources to appropriately treat coinciding medical and behavioral health issues. When primary care and mental health clinicians collaborate and communicate, it fosters a more seamless experience, reducing the chances of everything from dropped referrals to harmful medication interactions and other negative health outcomes.

By partnering directly with behavioral health providers, traditional healthcare clients receive expert care onsite for all their conditions. This also reduces the chances of people not following through on referrals, and the stigma associated with receiving outside behavioral health care.

Reduced Healthcare Costs

The failure to recognize and appropriately treat behavioral health conditions has a large impact on health costs. People with mental and behavioral health needs are more likely to use medical resources, and to be hospitalized and readmitted more frequently. According to the American Psychiatric Association, spending for those with coinciding mental health or substance abuse challenges is 2.5-3.5 times more than for those without such conditions. Integrating care could also save Medicare, Medicaid, and commercial insurers \$26-\$48 billion annually.

How Compass Health is Integrating Care

Compass Health is a leading innovator in piloting the embedding of behavioral health clinicians in medical settings, and has also incorporated traditional medical services within several Compass Health facilities. It offers transition services for patients moving from inpatient to outpatient settings, and services for people transitioning out of incarceration. To help create a healthier future, the organization is also forming partnerships with key providers to integrate care in other facilities throughout our region.

KEY STATISTICS

According to the American Psychiatric Association:

One-third of adults with a medical condition also have a mental health disorder.

70 percent of behavioral health patients have a coinciding medical condition.

80 percent of people with behavioral health conditions visit E.R.'s and primary care clinics, which lack the resources to treat them.

70 percent of patients leave regular medical settings without receiving mental health treatment.

Spending for people with coinciding medical and behavioral health conditions is **2.5-3.5 times higher** than for those without such conditions.

Integrated care could save commercial insurers, Medicare, and Medicaid **\$26-\$48 billion per year**.

Source: bit.ly/2whUOQH

Compass Health Service Area



Compass Health, Northwest Washington’s behavioral healthcare leader, integrates behavioral health and medical care services to support clients and communities when and where they need us. Building on a century of experience, our team of highly skilled professionals is forging new, nationally recognized models of care. We address complex healthcare needs in partnership with first responders and other community organizations.

CITY	SERVICES AVAILABLE	SNOHOMISH COUNTY
Edmonds	<ul style="list-style-type: none"> Residential Services 	<ul style="list-style-type: none"> GROWTH Center Health Homes Housing and Recovery through Peer Services (HARPS) Jail Transition Services
Everett	<ul style="list-style-type: none"> Adult Intensive Outpatient Program (IOP)* Adult Outpatient Services Camp Mariposa Care Transitions Children and Family Outpatient Services Children’s Intensive Services (WISe)* Crisis Prevention and Intervention Teams (CPIT)* Crisis Triage and Stabilization Foster Parenting 	<ul style="list-style-type: none"> Program of Assertive Community Treatment (PACT)* Project for Assistance in the Transition from Homelessness (PATH) Residential Services Services for Victims of Sexual Abuse and their Family Members Short-Term Case Management
Lynnwood	<ul style="list-style-type: none"> Adult Outpatient Services Children and Family Outpatient Services 	<ul style="list-style-type: none"> Services for Victims of Sexual Abuse and their Family Members
Marysville	<ul style="list-style-type: none"> Adult Outpatient Services 	<ul style="list-style-type: none"> Expanded Community Services of Older Adults (ECSOA)
Monroe	<ul style="list-style-type: none"> Children and Family Outpatient Services 	<ul style="list-style-type: none"> Services for Victims of Sexual Abuse and their Family Members
Mukilteo	<ul style="list-style-type: none"> Evaluation & Treatment Facility 	
Smokey Point	<ul style="list-style-type: none"> Children and Family Outpatient Services 	<ul style="list-style-type: none"> Services for Victims of Sexual Abuse and their Family Members
Snohomish	<ul style="list-style-type: none"> Adult Outpatient Services 	<ul style="list-style-type: none"> Offender Re-Entry Community Safety Program (ORCSP)

CITY	SERVICES AVAILABLE	SKAGIT COUNTY
Mount Vernon	<ul style="list-style-type: none"> Adult Intensive Outpatient Program (IOP)* Adult Outpatient Services Children and Family Outpatient Services Crisis Prevention and Intervention Teams (CPIT)* 	<ul style="list-style-type: none"> Expanded Community Services of Older Adults (ECSOA) Involuntary Treatment Act Services (ITA)* Program of Assertive Community Treatment (PACT)* Services for Victims of Sexual Abuse and their Family Members

CITY	SERVICES AVAILABLE	ISLAND COUNTY
Coupeville	<ul style="list-style-type: none"> Adult Intensive Outpatient Program (IOP)* Adult Outpatient Services Children and Family Outpatient Services 	<ul style="list-style-type: none"> Involuntary Treatment Act Services (ITA)* Jail Transition Services
Oak Harbor	<ul style="list-style-type: none"> Children’s Intensive Services (WISe)* 	

CITY	SERVICES AVAILABLE	SAN JUAN COUNTY
Lopez Island	<ul style="list-style-type: none"> Adult Outpatient Services Children and Family Outpatient Services 	<ul style="list-style-type: none"> Substance Use Disorder Treatment
Orcas Island	<ul style="list-style-type: none"> Adult Outpatient Services Children and Family Outpatient Services 	<ul style="list-style-type: none"> Substance Use Disorder Treatment
San Juan Island	<ul style="list-style-type: none"> Adult Outpatient Services Children and Family Outpatient Services 	<ul style="list-style-type: none"> Involuntary Treatment Act Services (ITA)* Substance Use Disorder Treatment

CITY	SERVICES AVAILABLE	WHATCOM COUNTY
Bellingham	<ul style="list-style-type: none"> Adult Intensive Outpatient Program (IOP)* Adult Outpatient Services Children and Family Outpatient Services Community Outreach & Recovery Support Team (CORS)* Crisis Prevention and Intervention Teams (CPIT)* Crisis Triage and Stabilization 	<ul style="list-style-type: none"> Expanded Community Services of Older Adults (ECSOA) Involuntary Treatment Act Services (ITA)* Jail Transition Services Offender Re-Entry Community Safety Program (ORCSP) Project for Assistance in the Transition from Homelessness (PATH)

Psychiatric services are incorporated into most service lines and locations.

* These services are available for community-wide outreach.

Some services require specialized referrals, pre-screening, or are available to specific populations.

Please contact our Access Department at 844-822-7609 or visit our website compasshealth.org for more information.



Celebrating **115 YEARS** of Service

IMPROVING LIVES EVERY DAY

2016 Annual Report

COMPASS HEALTH CHAMPIONS THE QUEST FOR WELL-BEING THROUGHOUT OUR COMMUNITIES BY
ADVANCING BEHAVIORAL HEALTH IN SNOHOMISH, SKAGIT, ISLAND, SAN JUAN AND WHATCOM COUNTIES.



Compass Health's mission is to advance behavioral health in Snohomish, Skagit, Island, San Juan, and Whatcom Counties.

Our Core Values

INTEGRITY

Acting with respect and dignity in the pursuit of excellence

DEDICATION

Compassionate commitment to the well-being of our communities

DIVERSITY

Embracing and celebrating differences

CONNECTION

Building strong communities through relationships

"The entire staff is very caring and helpful. There wasn't anyone who wasn't concerned for the patients' best interest."

– Compass Health Adult Client

Dear **Compass Health Community,**

We are proud to mark 2016 as our 114th year of serving those in need throughout Snohomish, Skagit, Island, San Juan and Whatcom Counties. Thanks to your support, it was a year of success – and a precursor to a period of evolution that will strengthen the work we do.

As we celebrate our 115th anniversary in 2017, our organization finds itself at an exciting transition point. With the advent of healthcare reform nationally, and here in Washington State, Compass Health is transforming from a nonprofit social service provider into a nonprofit healthcare provider specializing in behavioral health. This transformation will result in better access to medical care for those we serve. It will also mean better access to behavioral healthcare for individuals receiving care from medical providers.

It does not mean that we will move away from the mission we've pursued for more than a century. In fact, this strengthens our mission to serve those who are most in need. Building on that commitment, all of us here at Compass Health are continuing to work tirelessly to take full advantage of our organization's transformation and ensure we succeed long into the future.

This opportunity will allow us to remain a leading innovator in providing holistic care that coordinates and integrates mental health, substance use disorder treatment, and general healthcare to give every individual and family the opportunity to live happy and healthy lives filled with recovery and purpose. Our gifted and dedicated staff work day-in and day-out to make this a reality throughout our communities.

To all of you that support the mission and work of Compass Health, we thank you. Your support ensures that those we serve continue to receive the care they deserve.

Best Regards,



Tom Sebastian
President and CEO



Laura Padley
Board Chair

1902

The Parkland Lutheran Children's Home opens in Parkland, WA.



1922

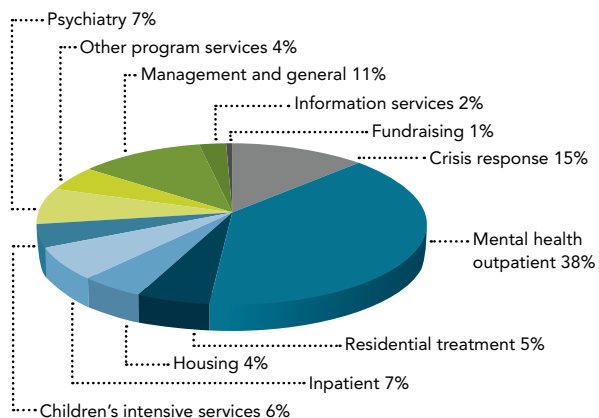
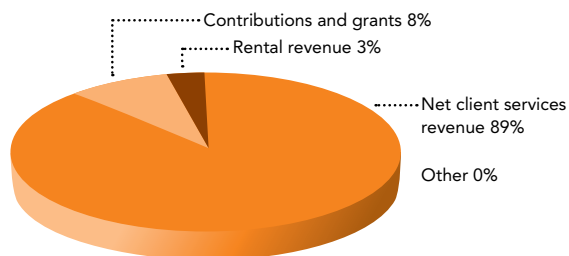
Parkland Lutheran Children's Home moves to Everett, WA.

1953

PLCH hires their first psychiatrist and begins providing mental health care for children who live at the home.

Consolidated Audited Financial Data as of June 30, 2016

OPERATING ACTIVITIES	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL
Support and revenue				
Net client service revenue	\$47,637,564			\$47,637,564
Contributions and grants	3,638,618	392,612		4,031,230
Rental revenue	1,443,679			1,443,679
Other	148,702			148,702
Totals	\$52,868,563	\$392,612		\$53,261,175



PROGRAM AND SUPPORT EXPENSES	TOTAL
Psychiatry	\$3,676,845
Other program services	\$2,280,175
Management and general	\$5,668,035
Information services	\$1,237,035
Fundraising	\$343,204
Crisis response	\$7,992,214
Mental health outpatient	\$20,068,475
Residential treatment	\$2,823,077
Housing	\$2,084,884
Inpatient	\$3,531,999
Children's intensive services	\$3,309,211
Total Operating Expenses	\$53,015,154

OVERVIEW	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL
Operating activity change in net assets, including revenue released from restrictions	\$330,982	(\$84,961)		\$246,021
Non-operating activity change in net assets	\$1,088,292	(\$671,248)		\$417,044
Total operating and non-operating change in net assets	\$1,419,274	(\$756,209)		\$663,065
NET ASSETS				
Net assets beginning of year	\$18,292,037	\$4,553,934	\$286,488	\$23,132,459
Net assets end of year	\$19,711,311	\$3,797,725	\$286,488	\$23,795,524

1957

Whatcom Counseling & Psychiatric Clinic is created.

1962

Congress passes the Community Mental Health Act, creating community-based service models and allowing the deinstitutionalization of the mentally ill. Family Counseling, a family-centered treatment agency, is created.

Transforming Lives

Michael first came to Compass Health 15 years ago. Chronically homeless, struggling with addiction and without a natural support system, he floated between Compass Health's PACT (Program of Assertive Community Treatment), intensive outpatient, and outpatient programs. Michael made progress during his treatment periods (coming to meetings, regularly taking his medications) but as soon as he left a program he went off his medication, was back on the streets, and often was arrested for trespassing.

After numerous arrests, Michael was admitted to Western State Hospital where he remained for 3 years. He made improvements in taking his medications and working with mental health professionals on a release plan and eventually was discharged and moved into Compass Health's Aurora House on a court order.

Some time passed before Michael was able to engage and socialize with the clinicians and other residents. With help from his clinician, he created a treatment plan to address his behavioral health, general health, vocational/educational/housing needs, and social supports. For 18 months, Michael steadily progressed and moved toward a discharge date.

"The staff has been stunning. Not just towards me, but for me as well. Their ability to diffuse situations are second to none."

– Compass Health Adult Client



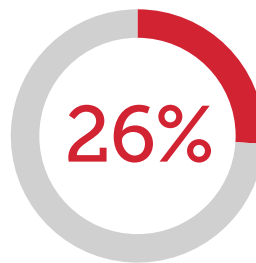
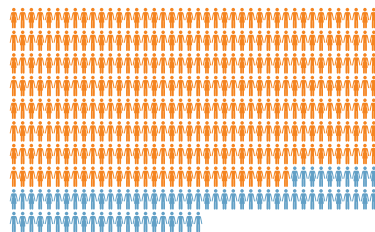
One of Michael's goals was to find housing to provide stability and keep him on the road to recovery. He found a clean and sober house within biking distance to his sessions with his new counselor. He now lives in an environment that keeps him accountable, with his history of treatment and milestones in mind.

Michael now rides his bike to his meetings with his PACT counselor. Through all of this, his biggest fear was getting off his medications, but Michael doesn't see that happening anymore: "I know that I have thoughts that aren't real, but I can see that the medications can help me live on my own and make me happy and healthy."

Our diverse staff are committed to providing skilled and compassionate care to our clients.

514 full time staff + 176 part time staff + 65 on-call staff = 755 total staff

In 2016, Compass Health hired 400 people; 74% were clinical service providers.



of clinical staff have worked at Compass for more than 10 years.



1965

The Parkland Lutheran Children's Home is renamed the Luther Child Center.

1972

Snohomish Community Mental Health Services is created.

1975

Counterpoint Community Mental Health is created to serve older adults in south Snohomish County.

Our services caring for our community

2016 SERVICES BY COUNTY	ADULT CLIENTS					CHILD / YOUTH CLIENTS				
	Snohomish	Skagit	Island	San Juan	Whatcom	Snohomish	Skagit	Island	San Juan	Whatcom
Outpatient Mental Health	6774	1123	717	204	1190	3597	371	258	105	391
Intensive Outpatient Mental Health	623	134	55	1	24	268	-	24	-	-
Emergency Services (Outreach & Triage)	1751	986	253	72	1462	319	117	44	13	125
Chemical Dependency	-	-	-	194	-	-	-	-	35	-
Residential	79	-	-	-	-	-	-	-	-	-
Inpatient	309	-	-	-	-	-	-	-	-	-
Health Care Integration Services	381	452				29	19			
Totals by County	9917	2695	1025	471	2676	4213	507	326	153	516

*Client numbers may include duplicates if an individual received more than one type of care.

In 2016, Compass Health's committed and compassionate staff:

- Provided a broad spectrum of outpatient counseling services to **8,900 adults** and **4,589 youth** who have ongoing mental health issues.
- Offered intensive outpatient mental health services to **836 adults** and **292 youth** with severe and persistent behavioral health disorders.
- Provided intensive outpatient services and supports to more than **200 youth** with complex behavioral health needs and their families.
- Helped improve health outcomes through healthcare integration services to **833 adults** and **48 youth** at risk of health problems and/or hospitalizations.
- Provided emergency and triage services to assist **4,251 adults** and **618 youth** in behavioral health crisis to access services and support.
- Provided brief transitional treatment to **1,109 adults** and **133 youth** transitioning from jail or hospital settings back to the community to ensure stability and prevent return to facilities.
- Provided new housing and essential support services for **79 adults** with mental illness who would otherwise be homeless, in jail, or in the emergency room.



22,499
Total Individuals
Served



16,784
Total Adults
Served



5,715
Total Youth
Served



1990

Snohomish County Mental Health Services becomes Olympic Mental Health.



1995

Luther Child Center and Olympic Mental Health consolidate to become LifeNet Health.

Thank you for your support

TRANSFORMATIONAL (\$100,000 to \$500,000)

Martyn Family Foundation
Verdant Health Commission

INSTITUTIONAL (\$50,000 to \$99,999)

The Moyer Foundation
United Way of Whatcom County

CHAMPION (\$10,000 to \$49,999)

Anonymous
Campbell Auto Group
Coast Real Estate Services
Community Foundation of Snohomish County
(Human Services Fund and the Butler Trust Fund)
EverTrust Foundation
Muckleshoot Indian Tribe
The Nysether Family Foundation
Ticket to Dream Foundation / Mattress Firm
Union Bank
Whatcom Community Foundation
Wigren Forensic, PLLC

BENEFACTOR (\$2,500 to \$9,999)

Boeing Company
The Everett Clinic
Genoa QoI Healthcare
Larry Harris & Betty Azar
Heritage Bank NW
Island Thrift Inc.
Kelley Imaging
Wojtek & Jola Kozaczynski
Lummi Indian Business Council
Molina Health Care of WA
The New Bagelry
Nordstrom, Inc. Charitable Giving
Safeway Foundation
Shell Oil Company Foundation
Swinomish Indian Tribal Community
TEGNA Foundation Fund
Walmart Foundation
Windermere Foundation

PATRON (\$1,000 to \$2,499)

Anonymous
Stacey Alles & Joseph Hubach Jr.
Askesis Development Group, Inc.
Robert & Dee Axley
Lloann Ball
The Benevity Community Impact Fund



*"Our therapist,
Katie, is wonderful!
I really enjoyed
the 6 week
support group!"*

—Compass Health Adult Client

Brett & Kendra Carlton
Dr. & Mrs. Alan Carpenter
Clark Nuber, PS
Coastal Community Bank
Bryan & Michelle Conner
Ted & Olivia Conrad
Barry L. Douglas
Dwayne Lane's Auto Group
Fairfax Behavioral Health
Richard Hill
Leslie Hodson
Michael Holcomb
Garrett & Esther Hunt
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Ken & Sally Bakken
Holly Barrett
Rod Bartunek
Diana Beal
Mr. & Mrs. Jerry Behan

1997

Skagit, Island, and North Island Mental Health consolidate to become Community Mental Health Services. Counterpoint Community Mental Health, Family Counseling, and LifeNet Health consolidate to become Compass Health, serving all of Snohomish County.

2003

Community Mental Health Services merges with Compass Health.

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 Mr. & Mrs. Robert C. Braaten
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This list reflects donations received from January 1, 2016 through December 31, 2016. Every effort has been made to ensure the accuracy of this list. If you have questions or concerns, please contact the Development Department at 425-349-8374.

"Thank you for always being there and for understanding what I go through every day."

- Compass Health Adult Client



2014

Whatcom Counseling & Psychiatric Clinic merges with Compass Health.



2017

Compass Health serves more than 25,000 people annually, has more than 20 sites in five counties, and provides the community with outpatient, emergency, intensive outpatient, substance abuse, residential, inpatient, and housing services.



Celebrating 115 YEARS of Service

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Everett, WA 98213-8810

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To make a donation, or for more information, please visit us at www.compasshealth.org/donate.

Make a difference today!



Please tell us how Camp Mariposa helped you:

I LOVE Camp. I have been going to camp for more than 3 years now, and it has helped me so much. I have learned how to take care of myself, and how to deal with my problems. I would like to become a junior counselor. THANK YOU MOYER FOUNDATION!



NAME Carl
AGE 12 CAMP LOCATION WA

www.moyerfoundation.org

Compass Health Camp Programs

Compass Health provides two camp programs to the community free of charge. Camp Mariposa is for youth who have a parent or caregiver struggling with addiction issues and focuses on teaching them that addiction is not their fault and how to break the cycle of family addiction. Camp Outside the Box is for youth in our WISE program who have complex behavioral health situations that prevent them from being successful in more traditional camp settings. The youth are taught how to communicate their feelings in a more appropriate manner and in a more supportive and understanding environment. Both of these programs are completely funded through the generosity of Compass Health donors, eliminating financial burden for families and youth.



"It helped me realize that I'm not alone. Thank you Camp Mariposa!"

- Farryn, age 9

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