

For more information about accessing our services, call our **ACCESS LINE** at **844-822-7609**



How Services Are Paid

- Compass Health accepts Medicaid / Apple Health, and we are a preferred provider with many health care plans.
- We also receive a number of grants that allow us to offer services to individuals without health insurance.



“Compass Health picked me up and shook me out. I’ve been through a lot and they have stuck with me the whole way.”



Services Offered

- | | |
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| <ul style="list-style-type: none"> • Chemical Dependency • Foster Parenting • Groups • Housing • Outpatient Counseling Services • Psychiatric Services • Specialty Services | <ul style="list-style-type: none"> • Crisis Services • Genoa Pharmacy • Healthcare Integration • Inpatient Services • Peer Centers • Residential Services • Triage Facilities |
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Facts About Us

- ▶ Our counselors provide more than 200,000 hours of caring, compassionate, and case-appropriate treatment to over 19,000 children and adults each year.
- ▶ We provide secure environments for up to 1500 individuals in crisis at our two Crisis Triage facilities and for more than 350 individuals in crisis at our Evaluation & Treatment facility each year.
- ▶ We provide more than 500 adults with housing assistance every year.

Contact Us

Toll Free Access Line
844-822-7609

Administration / General Information
800-457-9303
TTY: 425-349-7416
425-349-6200

**Volunteers of America
Care Crisis Line**
800-584-3578
TTY: 800-846-8517

WA Warm Line
877-500WARM

Make a Difference

Please send your tax deductible contribution to

Compass Health
P.O. Box 3810, MS 49
Everett, WA 98213-8810

www.compasshealth.org
development@compassh.org



Compass Health is a 501(c)(3) non-profit organization with a Volunteer Board of Directors
Tax ID: 91-1180810



*Advancing behavioral health in
Snohomish, Skagit, Island, San Juan,
and Whatcom Counties.*



Compass Health is a *community-based* behavioral health organization. Our services are provided in neighborhood clinics close to home so that our clients can be supported by family and friends during difficult times.

People who seek our help are as diverse as the population of the north Puget Sound region that we serve. We serve children, adolescents, families, adults and older adults. We serve:

- People who are experiencing a crisis or are feeling overwhelmed by life circumstances
- People coping with ongoing serious emotional distress
- People who have mental health or substance use disorders that are interfering with their daily activities, work, school, or relationships



“I’ve been here twice now and each time I have been treated with the utmost respect and each person has listened and made me feel as though I was cared about.”

OUR SERVICES

Our team of expert counselors, advanced registered nurse practitioners, and psychiatrists work to serve the wide range of complex behavioral health needs of children, adolescents, families, adults, and older adults.

Outpatient Behavioral Health Services

Compass Health offers a broad continuum of outpatient counseling services for adults, older adults, children, adolescents, and families. We provide treatment for both brief and ongoing behavioral health issues, including mental health and substance use disorders. We utilize an array of evidence-based practices to promote the best outcomes for clients. Services include individuals, group, family, case management and specialized treatment for specific issues including substance abuse treatment.

Intensive Outpatient Behavioral Health Services

Compass Health provides intensive, multi-disciplinary team-based approach to outpatient services, providing community-based support and around the clock access to members of the care team.

- ▶ Program of Assertive Community Treatment (PACT) for adults
- ▶ Expanded Community Services for Older Adults (ECSOA)
- ▶ Intensive Outpatient Services for adults
- ▶ Wraparound with Intensive Services (WISe) for children/youth
- ▶ Therapeutic Foster Care

Crisis Services

Compass Health provides around the clock crisis prevention, intervention, and evaluation by mental health professionals. Services are provided both

in the community and in facility-based settings. Team-based approaches are used, including the addition of chemical dependency professionals, certified peer counselors and registered nurses, depending on the program.

- ▶ Crisis Prevention and Intervention Teams (CPIT)
- ▶ Triage Centers
- ▶ Inpatient Treatment



“I believe that if we had not been able to access the services of Compass Health, my son would not be in our home today.”

Psychiatric / Medical Services

Compass Health provides psychiatric evaluation and medication monitoring. Psychiatric services are integrated into all levels of care throughout the organization.

Psychiatrists, Nurse Practitioners, Physician Assistance, and Registered Nurses provide psychiatric assessment, medication, and coordination of care with primary care physicians.

- ▶ Care Coordination Services: Support to individuals with complex medical needs to develop a comprehensive health action plan, promote a team-based approach amongst treatment providers, and support the individual’s efforts to follow through with medical treatment.



Recovery and Engagement Services

Compass Health provides programs designed to support individuals as they engage in a recovery process.

- ▶ Peer Recovery Centers in Everett and Bellingham
- ▶ Homeless programs: Program for Assistance in the Transition from Homelessness (PATH) and Housing and Recovery through Peer Services (HARPS)
- ▶ Transitional Care Services to assist individuals transitioning out of hospitals and jails.
- ▶ Payee services

Residential Treatment

Compass Health provides group living with around the clock staff support to assist adults with serious and chronic mental illness develop life skills and prepare for independent living.

Supported Housing

Compass Health provides affordable housing with additional support to assist individuals in achieving and maintaining independent living.

Support and Educational Programs

- ▶ Adult & Youth Mental Health First Aid
- ▶ Anger Management course
- ▶ Camp Mariposa® A safe place for kids to learn about and break the cycle of addiction