PACT is a voluntary intensive outpatient program designed to assist eligible adults to overcome barriers to recovery from severe and persistent behavioral health disorders.

PACT assists individuals to manage or overcome symptoms of the disorder, to achieve an enhanced quality of life, and to accomplish their life goals. The majority of services are provided in client homes or in the community.

PACT services are provided seven days a week, 365 day a year.

Crisis support & intervention are available 24/7

Compass Health is a 501(c)(3) non-profit organization with a volunteer Board of Directors

Tax ID 91-1180810

# **PACT**

Program of Assertive Community Treatment

Recovery Oriented. Person Centered.



### **Snohomish County PACT**

3322 Broadway Everett, WA 98201 (**425**) **349-6100** 

#### **Skagit County PACT**

209 Milwaukee Street Mount Vernon, WA 98273 (360) 419-7575

## There is always hope.

We use a team-oriented approach to care. The PACT Team consists of a team leader, a psychiatrist / ARNP, nurses, specialists (chemical dependency, vocational), clinicians, mental health technicians, and peer counselors.

#### Services.

- Comprehensive assessment
- Crisis Intervention
- Psychotherapy
- Psychiatric evaluation, prescribing, and medication monitoring
- Psychiatric Rehabilitation
- Co-occurring disorder treatment
- Vocational services
- Community support and service coordination
- Assistance obtaining and maintaining housing
- Assistance with activities of daily living (shopping, laundry, housekeeping)
- Groups

The treatment team works in concert with the PACT client and his or her natural supports to develop and deliver a service plan that best meets the client's recovery goals.