

A decorative white border featuring stylized floral and leaf patterns, positioned horizontally across the middle of the page, separating the photograph from the title.

**GROWING
TOGETHER**

Dear Friends

2015 marked our 113th year of serving those in need throughout the communities of Snohomish, Skagit, Island, San Juan, and Whatcom counties.

Oftentimes, individuals and families we serve have nowhere else to turn, and we continue our rich history of service and look forward to a bright future of enhancing the health of our communities.

This past year, our organization touched over 21,000 lives for which we are proud and honored. The opportunity to help children, youth, families, adults, and older adults live lives filled with recovery and purpose drives our mission and the work we do.

We continue to thrive under the opportunities brought forward by the Affordable Care Act as thousands

of our community members now have access to healthcare that includes required benefits for mental health and substance use disorder treatment. We are entering into unprecedented partnerships with other community healthcare providers to work to improve the coordination and effectiveness of care to enhance positive overall health outcomes for those we serve.

At Compass Health we continue to strive to be a leading innovator in providing holistic care that coordinates and integrates mental health, substance use disorder, and general healthcare in order to achieve our overall mission, and to give every individual and family the opportunity to live a happy, healthy life that is full of recovery and purpose.

Best Regards,

“Your support and dedication to the mission and work of Compass Health is extraordinary and we thank you for all you have done, and will continue to do for our organization, to ensure that those we serve receive the care they deserve.”

– Tom Sebastian



A handwritten signature in black ink that reads "Tom Sebastian".

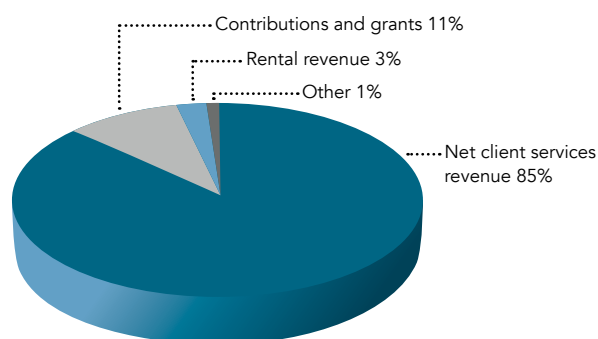
Tom Sebastian
President and CEO



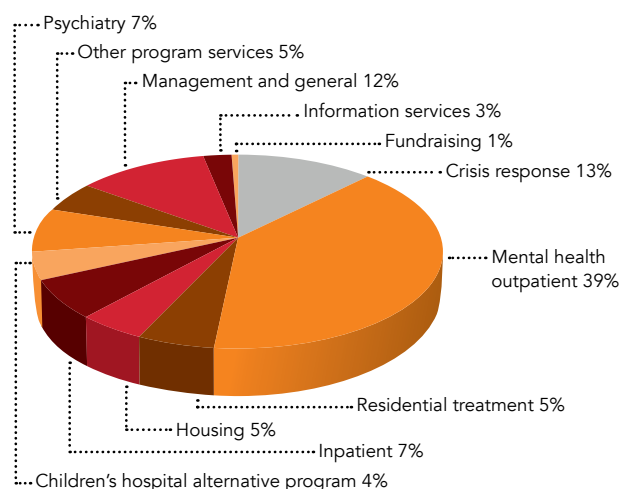
A handwritten signature in black ink that reads "Eric Carlsen".

Eric Carlsen
Board Chair

| OPERATING ACTIVITIES | UNRESTRICTED | TEMPORARILY RESTRICTED | PERMANENTLY RESTRICTED | TOTAL |
|------------------------------|---------------------|------------------------|------------------------|---------------------|
| Support and revenue | | | | |
| ■ Net client service revenue | \$40,697,997 | | | \$40,697,997 |
| ■ Contributions and grants | 4,314,901 | 708,965 | 5,232 | 5,029,098 |
| ■ Rental revenue | 1,356,342 | | | 1,356,342 |
| ■ Other | 522,016 | | | 522,016 |
| Totals | \$46,891,256 | \$708,965 | \$5,232 | \$47,605,453 |



| PROGRAM AND SUPPORT EXPENSES | TOTAL |
|---|---------------------|
| ■ Psychiatry | \$3,523,991 |
| ■ Other program services | \$2,426,519 |
| ■ Management and general | \$5,802,238 |
| ■ Information services | \$1,237,982 |
| ■ Fundraising | \$288,461 |
| ■ Crisis response | \$6,042,016 |
| ■ Mental health outpatient | \$18,847,198 |
| ■ Residential treatment | \$2,498,052 |
| ■ Housing | \$2,187,429 |
| ■ Inpatient | \$3,424,409 |
| ■ Children's hospital alternative program | \$1,956,441 |
| Totals | \$48,234,736 |



| OVERVIEW | UNRESTRICTED | TEMPORARILY RESTRICTED | PERMANENTLY RESTRICTED | TOTAL |
|---|--------------------|------------------------|------------------------|--------------------|
| Operating activity change in net assets, including revenue released from restrictions | (\$1,266,870) | \$632,355 | \$5,232 | (\$629,283) |
| Non-operating activity charge in net assets | 2,464,599 | (495,089) | | 1,969,510 |
| Total operating and non-operating charge in net assets | \$1,197,729 | \$137,266 | \$ 5,232 | \$1,340,227 |

NET ASSETS

| | | | | |
|------------------------------|--------------|-------------|-----------|--------------|
| Net assets beginning of year | \$17,094,308 | \$4,416,668 | \$281,256 | \$21,792,232 |
| Net assets end of year | \$18,292,037 | \$4,553,934 | \$286,488 | \$23,132,459 |



“Compass Health picked me up and shook me out. I’ve been through a lot and they have stuck with me the whole way. I look back and I can see just how far I have come.”

– Compass Health Client from the PACT Program on the 4th Floor of the Bailey Building

From our E&T in Mukilteo to our PACT Program in the Bailey Building

Compass Health’s breadth of services, our ability to provide wraparound care, and serve clients through the whole continuum of care is one of our greatest assets.

Joe had been experiencing chronic homelessness over the course of several years. He has had a history of multiple hospitalizations and incarcerations – mainly for minor offenses such as trespass, theft, etc. He had attempted suicide at age 20 and he had been drinking heavily, and had not been taking his medication regularly. After a few weeks in jail, Joe would be released and would literally wind up back again within 72 hours. Joe was placed at the Mukilteo Evaluation & Treatment Facility (E&T) to try to help break this cycle. Within a few months after his stay at the Mukilteo E&T, we started to see a change. Joe was referred to the Program for Assertive Community Treatment (PACT) and with continued treatment, has been able to stay out of jail.

The PACT Program is on the fourth floor of Compass Health’s Bailey Building in Everett, and that’s where Joe met Daisy, our PACT service dog. We told Joe a little bit about her story and that it was similar to what he had been through - that she had been rescued from deplorable conditions, had been “locked up” at the shelter, and had no one to rely on for help or comfort. She had been homeless. This surprised him

and allowed him to make a connection with her. Now, Joe comes in every day to see her and staff have noticed that he really uses her as a coping skill.

Of course, Daisy is not the only one with whom Joe works well at the PACT Program. Both Brad, his clinician, and Megan, his Peer Counselor, have been integral in helping him to succeed. Brad, who is also the PACT Chemical Dependency Specialist, has built a strong relationship with Joe and is credited with a lot of Joe’s success. Joe has also joined groups. His psychiatrist has made a medication treatment plan, and Joe has been taking his medication regularly – he is sober, but still has cravings.

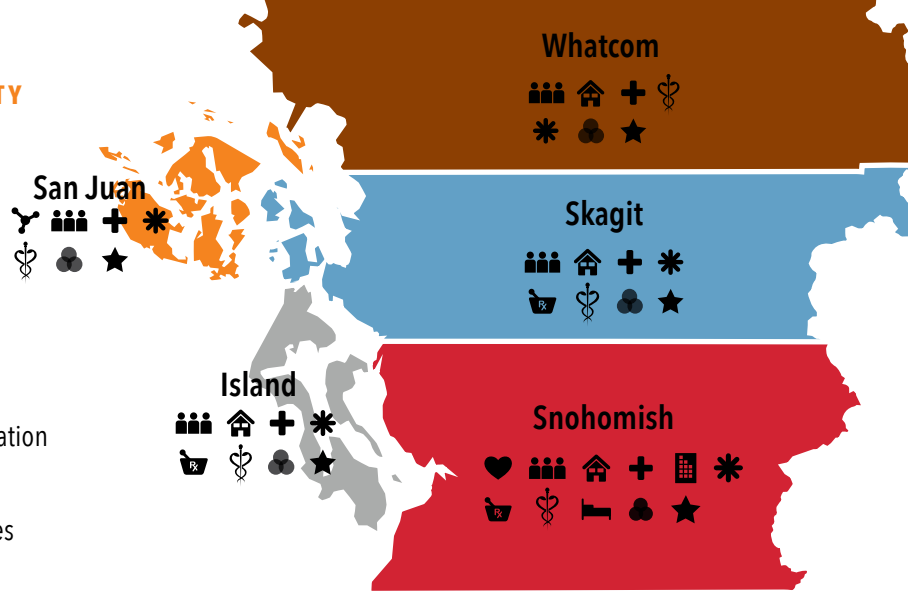
Joe has since been able to build trust with the PACT Team and has taken a leadership role in groups by helping others identify their own drug and alcohol issues. Previously, Joe had really low self-esteem, and was putting himself down all the time. He had been sleeping constantly, he was depressed, and withdrawn. This can still be a struggle for him, but he is much better. He still has bouts of depression at times, but he has learned who he can reach out to and rely on to help him – all of the Compass Health PACT team, including Daisy.

Developing Behavioral Health Organizations

Better care through integrated Behavioral Health Organizations

In 2014 the State Legislature passed Senate Bill 6312 directing DSHS to change how it purchases mental health and chemical dependency services. Currently, the state purchases these services from two separate systems: Regional Support Networks and counties. Beginning in 2016, these services will be purchased by regionally operated Behavioral Health Organizations (BHOs) through a managed-care structure.

Individuals Served by County



- Chemical Dependency
- Foster Parenting
- Groups
- Housing
- Outpatient Counseling Services
- Residential Services
- Crisis Services
- Genoa Pharmacy
- Healthcare Integration
- Inpatient Services
- Psychiatric Services
- Specialty Services

2015 SERVICES

ADULT CLIENTS

CHILD / YOUTH CLIENTS

| Type of Service | Snohomish | Skagit | Island | San Juan | Whatcom | Snohomish | Skagit | Island | San Juan | Whatcom |
|--|--------------|-------------|------------|------------|-------------|-------------|------------|------------|-----------|------------|
| Outpatient Mental Health | 7347 | 1728 | 459 | 190 | 1675 | 3398 | 365 | 170 | 63 | 288 |
| Emergency Services (Outreach & Triage) | 2073 | 749 | 251 | 47 | 604 | 275 | 98 | 26 | 8 | 70 |
| Intensive Outpatient Mental Health | 580 | 140 | 21 | – | 39 | 174 | – | 18 | – | – |
| Chemical Dependency | – | – | – | 234 | – | – | – | – | 19 | – |
| Residential | 75 | – | – | – | – | – | – | – | – | – |
| Inpatient | 306 | – | – | – | – | – | – | – | – | – |
| Totals by County | 10381 | 2617 | 731 | 471 | 2318 | 3847 | 463 | 214 | 90 | 358 |

*Client numbers may include duplicates if an individual received more than one type of care.

BED DAYS

75 clients received a total of **13,065** days of Residential Treatment.
 306 clients received a total of **110,504** days of Inpatient Treatment.
 1048 clients received a total of **94,960** days of Triage Services.

Compass Health is respected because of our staff

In 2014, our merger with Whatcom Counseling and Psychiatric Clinic and the growth in the demand for our services with the implementation of the Affordable Care Act, as well as Mental Healthcare integration with Physical Healthcare, has created an increased demand on our service providers. **2015 was a year of investment in growth to meet this demand.**



21,490

Total Individuals Served

16,518

Total Adults Served

4,972

Total Youth Served

“I’ve been here twice now and each time I have been treated with the utmost respect and each person has listened and made me feel as though I was cared about.”

– Compass Health Client from the Snohomish County Triage Center

584 full time staff

136 part time staff

35 clinical interns

37% increase in our full-time staff

9% increase in overall staff

DONORS | THANK YOU



“My contribution to Compass Health gives me the opportunity to positively impact my community. Compass Health is working to give people a second chance at life and I’m more than happy to contribute to those priceless efforts.”

– A long-time Compass Health Donor

TRANSFORMATIONAL

(\$100,000 to \$500,000)

Whitehorse Foundation

INSTITUTIONAL (\$50,000 to \$99,999)

The Moyer Foundation

United Way of Whatcom County

CHAMPION (\$10,000 to \$49,999)

Boeing Employees Community Fund

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“My Compass Health Clinician is a rock star! She has literally saved my life. I really look forward to Wednesdays when we have our regular appointment to ‘reset my clock.’ At first I fought it, but now I can’t imagine not having had her to help me work through some pretty big issues I was dealing with.”

– A Child Advocacy Program (CAP) Client

Compass Health champions the quest for well-being throughout our communities by advancing behavioral health in Snohomish, Skagit, Island, San Juan, and Whatcom Counties.

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