



Celebrating **115 YEARS** of Service

IMPROVING LIVES EVERY DAY

2016 Annual Report

COMPASS HEALTH CHAMPIONS THE QUEST FOR WELL-BEING THROUGHOUT OUR COMMUNITIES BY
ADVANCING BEHAVIORAL HEALTH IN SNOHOMISH, SKAGIT, ISLAND, SAN JUAN AND WHATCOM COUNTIES.



Compass Health's mission is to advance behavioral health in Snohomish, Skagit, Island, San Juan, and Whatcom Counties.

Our Core Values

INTEGRITY

Acting with respect and dignity in the pursuit of excellence

DEDICATION

Compassionate commitment to the well-being of our communities

DIVERSITY

Embracing and celebrating differences

CONNECTION

Building strong communities through relationships

"The entire staff is very caring and helpful. There wasn't anyone who wasn't concerned for the patients' best interest."

– Compass Health Adult Client

Dear **Compass Health Community,**

We are proud to mark 2016 as our 114th year of serving those in need throughout Snohomish, Skagit, Island, San Juan and Whatcom Counties. Thanks to your support, it was a year of success – and a precursor to a period of evolution that will strengthen the work we do.

As we celebrate our 115th anniversary in 2017, our organization finds itself at an exciting transition point. With the advent of healthcare reform nationally, and here in Washington State, Compass Health is transforming from a nonprofit social service provider into a nonprofit healthcare provider specializing in behavioral health. This transformation will result in better access to medical care for those we serve. It will also mean better access to behavioral healthcare for individuals receiving care from medical providers.

It does not mean that we will move away from the mission we've pursued for more than a century. In fact, this strengthens our mission to serve those who are most in need. Building on that commitment, all of us here at Compass Health are continuing to work tirelessly to take full advantage of our organization's transformation and ensure we succeed long into the future.

This opportunity will allow us to remain a leading innovator in providing holistic care that coordinates and integrates mental health, substance use disorder treatment, and general healthcare to give every individual and family the opportunity to live happy and healthy lives filled with recovery and purpose. Our gifted and dedicated staff work day-in and day-out to make this a reality throughout our communities.

To all of you that support the mission and work of Compass Health, we thank you. Your support ensures that those we serve continue to receive the care they deserve.

Best Regards,



Tom Sebastian
President and CEO



Laura Padley
Board Chair

1902

The Parkland Lutheran Children's Home opens in Parkland, WA.



1922

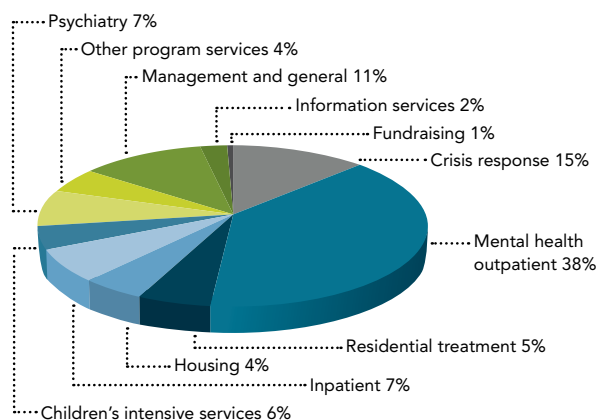
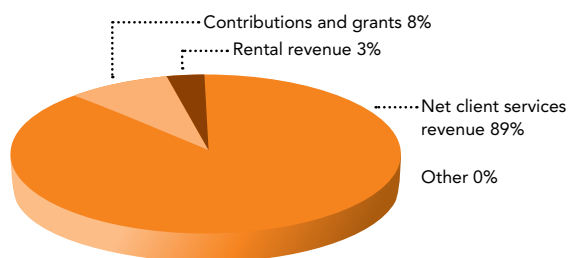
Parkland Lutheran Children's Home moves to Everett, WA.

1953

PLCH hires their first psychiatrist and begins providing mental health care for children who live at the home.

Consolidated Audited Financial Data as of June 30, 2016

OPERATING ACTIVITIES	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL
Support and revenue				
Net client service revenue	\$47,637,564			\$47,637,564
Contributions and grants	3,638,618	392,612		4,031,230
Rental revenue	1,443,679			1,443,679
Other	148,702			148,702
Totals	\$52,868,563	\$392,612		\$53,261,175



PROGRAM AND SUPPORT EXPENSES	TOTAL
Psychiatry	\$3,676,845
Other program services	\$2,280,175
Management and general	\$5,668,035
Information services	\$1,237,035
Fundraising	\$343,204
Crisis response	\$7,992,214
Mental health outpatient	\$20,068,475
Residential treatment	\$2,823,077
Housing	\$2,084,884
Inpatient	\$3,531,999
Children's intensive services	\$3,309,211
Total Operating Expenses	\$53,015,154

OVERVIEW	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL
Operating activity change in net assets, including revenue released from restrictions	\$330,982	(\$84,961)		\$246,021
Non-operating activity change in net assets	\$1,088,292	(\$671,248)		\$417,044
Total operating and non-operating change in net assets	\$1,419,274	(\$756,209)		\$663,065
NET ASSETS				
Net assets beginning of year	\$18,292,037	\$4,553,934	\$286,488	\$23,132,459
Net assets end of year	\$19,711,311	\$3,797,725	\$286,488	\$23,795,524

1957

Whatcom Counseling & Psychiatric Clinic is created.

1962

Congress passes the Community Mental Health Act, creating community-based service models and allowing the deinstitutionalization of the mentally ill. Family Counseling, a family-centered treatment agency, is created.

Transforming Lives

Michael first came to Compass Health 15 years ago. Chronically homeless, struggling with addiction and without a natural support system, he floated between Compass Health's PACT (Program of Assertive Community Treatment), intensive outpatient, and outpatient programs. Michael made progress during his treatment periods (coming to meetings, regularly taking his medications) but as soon as he left a program he went off his medication, was back on the streets, and often was arrested for trespassing.

After numerous arrests, Michael was admitted to Western State Hospital where he remained for 3 years. He made improvements in taking his medications and working with mental health professionals on a release plan and eventually was discharged and moved into Compass Health's Aurora House on a court order.

Some time passed before Michael was able to engage and socialize with the clinicians and other residents. With help from his clinician, he created a treatment plan to address his behavioral health, general health, vocational/educational/housing needs, and social supports. For 18 months, Michael steadily progressed and moved toward a discharge date.

"The staff has been stunning. Not just towards me, but for me as well. Their ability to diffuse situations are second to none."

– Compass Health Adult Client



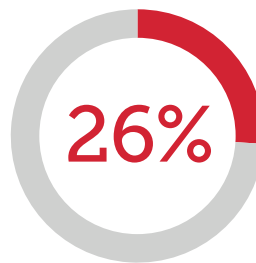
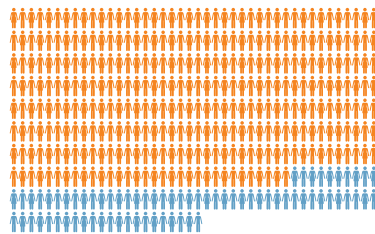
One of Michael's goals was to find housing to provide stability and keep him on the road to recovery. He found a clean and sober house within biking distance to his sessions with his new counselor. He now lives in an environment that keeps him accountable, with his history of treatment and milestones in mind.

Michael now rides his bike to his meetings with his PACT counselor. Through all of this, his biggest fear was getting off his medications, but Michael doesn't see that happening anymore: "I know that I have thoughts that aren't real, but I can see that the medications can help me live on my own and make me happy and healthy."

Our diverse staff are committed to providing skilled and compassionate care to our clients.

514 full time staff + 176 part time staff + 65 on-call staff = 755 total staff

In 2016, Compass Health hired 400 people; 74% were clinical service providers.



of clinical staff have worked at Compass for more than 10 years.



1965

The Parkland Lutheran Children's Home is renamed the Luther Child Center.

1972

Snohomish Community Mental Health Services is created.

1975

Counterpoint Community Mental Health is created to serve older adults in south Snohomish County.

Our services caring for our community

2016 SERVICES BY COUNTY	ADULT CLIENTS					CHILD / YOUTH CLIENTS				
	Snohomish	Skagit	Island	San Juan	Whatcom	Snohomish	Skagit	Island	San Juan	Whatcom
Outpatient Mental Health	6774	1123	717	204	1190	3597	371	258	105	391
Intensive Outpatient Mental Health	623	134	55	1	24	268	-	24	-	-
Emergency Services (Outreach & Triage)	1751	986	253	72	1462	319	117	44	13	125
Chemical Dependency	-	-	-	194	-	-	-	-	35	-
Residential	79	-	-	-	-	-	-	-	-	-
Inpatient	309	-	-	-	-	-	-	-	-	-
Health Care Integration Services	381	452				29	19			
Totals by County	9917	2695	1025	471	2676	4213	507	326	153	516

*Client numbers may include duplicates if an individual received more than one type of care.

In 2016, Compass Health's committed and compassionate staff:

- Provided a broad spectrum of outpatient counseling services to **8,900 adults** and **4,589 youth** who have ongoing mental health issues.
- Offered intensive outpatient mental health services to **836 adults** and **292 youth** with severe and persistent behavioral health disorders.
- Provided intensive outpatient services and supports to more than **200 youth** with complex behavioral health needs and their families.
- Helped improve health outcomes through healthcare integration services to **833 adults** and **48 youth** at risk of health problems and/or hospitalizations.
- Provided emergency and triage services to assist **4,251 adults** and **618 youth** in behavioral health crisis to access services and support.
- Provided brief transitional treatment to **1,109 adults** and **133 youth** transitioning from jail or hospital settings back to the community to ensure stability and prevent return to facilities.
- Provided new housing and essential support services for **79 adults** with mental illness who would otherwise be homeless, in jail, or in the emergency room.



22,499
Total Individuals
Served



16,784
Total Adults
Served



5,715
Total Youth
Served



1990

Snohomish County Mental Health Services becomes Olympic Mental Health.



1995

Luther Child Center and Olympic Mental Health consolidate to become LifeNet Health.

Thank you for your support

TRANSFORMATIONAL (\$100,000 to \$500,000)

Martyn Family Foundation
Verdant Health Commission

INSTITUTIONAL (\$50,000 to \$99,999)

The Moyer Foundation
United Way of Whatcom County

CHAMPION (\$10,000 to \$49,999)

Anonymous
Campbell Auto Group
Coast Real Estate Services
Community Foundation of Snohomish County
(Human Services Fund and the Butler Trust Fund)
EverTrust Foundation
Muckleshoot Indian Tribe
The Nysether Family Foundation
Ticket to Dream Foundation / Mattress Firm
Union Bank
Whatcom Community Foundation
Wigren Forensic, PLLC

BENEFACTOR (\$2,500 to \$9,999)

Boeing Company
The Everett Clinic
Genoa QoI Healthcare
Larry Harris & Betty Azar
Heritage Bank NW
Island Thrift Inc.
Kelley Imaging
Wojtek & Jola Kozaczynski
Lummi Indian Business Council
Molina Health Care of WA
The New Bagelry
Nordstrom, Inc. Charitable Giving
Safeway Foundation
Shell Oil Company Foundation
Swinomish Indian Tribal Community
TEGNA Foundation Fund
Walmart Foundation
Windermere Foundation

PATRON (\$1,000 to \$2,499)

Anonymous
Stacey Alles & Joseph Hubach Jr.
Askesis Development Group, Inc.
Robert & Dee Axley
Lloann Ball
The Benevity Community Impact Fund



*"Our therapist,
Katie, is wonderful!
I really enjoyed
the 6 week
support group!"*

—Compass Health Adult Client

Brett & Kendra Carlton
Dr. & Mrs. Alan Carpenter
Clark Nuber, PS
Coastal Community Bank
Bryan & Michelle Conner
Ted & Olivia Conrad
Barry L. Douglas
Dwayne Lane's Auto Group
Fairfax Behavioral Health
Richard Hill
Leslie Hodson
Michael Holcomb
Garrett & Esther Hunt
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Ken & Sally Bakken
Holly Barrett
Rod Bartunek
Diana Beal
Mr. & Mrs. Jerry Behan

1997

Skagit, Island, and North Island Mental Health consolidate to become Community Mental Health Services. Counterpoint Community Mental Health, Family Counseling, and LifeNet Health consolidate to become Compass Health, serving all of Snohomish County.

2003

Community Mental Health Services merges with Compass Health.

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This list reflects donations received from January 1, 2016 through December 31, 2016. Every effort has been made to ensure the accuracy of this list. If you have questions or concerns, please contact the Development Department at 425-349-8374.

"Thank you for always being there and for understanding what I go through every day."

- Compass Health Adult Client



2014

Whatcom Counseling & Psychiatric Clinic merges with Compass Health.



2017

Compass Health serves more than 25,000 people annually, has more than 20 sites in five counties, and provides the community with outpatient, emergency, intensive outpatient, substance abuse, residential, inpatient, and housing services.



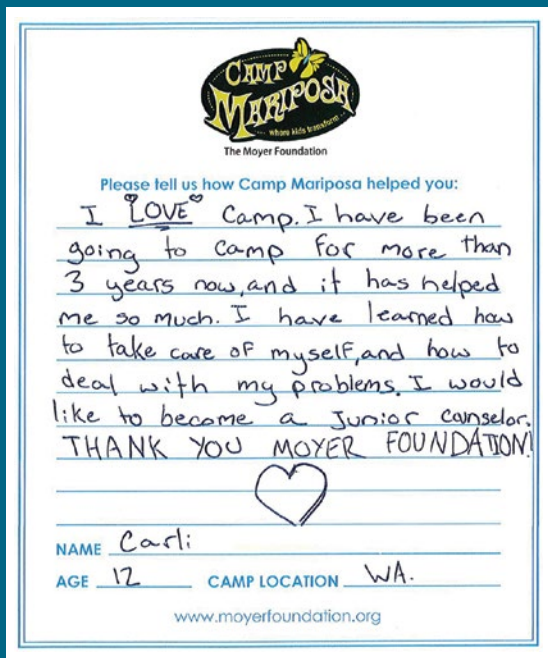
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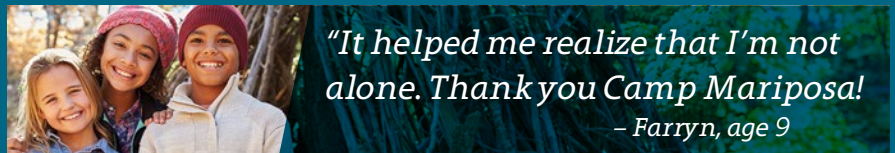
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To make a donation, or for more information, please visit us at www.compasshealth.org/donate.
Make a difference today!



Compass Health Camp Programs

Compass Health provides two camp programs to the community free of charge. Camp Mariposa is for youth who have a parent or caregiver struggling with addiction issues and focuses on teaching them that addiction is not their fault and how to break the cycle of family addiction. Camp Outside the Box is for youth in our WISE program who have complex behavioral health situations that prevent them from being successful in more traditional camp settings. The youth are taught how to communicate their feelings in a more appropriate manner and in a more supportive and understanding environment. Both of these programs are completely funded through the generosity of Compass Health donors, eliminating financial burden for families and youth.



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